

## PLATE LUNCH PRICES:

\$2.90- REGULAR

\$0.40 - REDUCED

NO CHARGE - FREE

If you receive free or reduced priced lunch, you are also eligible to receive a free or reduced price breakfast.

A STUDENT MUST TAKE A FRUIT OR VEGETABLE TO MAKE A PLATE LUNCH!

## Monday

Jan 28

SUB CHOICE  
TACO WEDGE  
W/SOUR CREAM  
& SALSA  
SPICY CHICKEN PATTY/BUN  
CHICKEN PHILLY SANDWICH  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
CHEF SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
CORN  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

## Tuesday

Jan 29

ITALIAN SUB  
CHICKEN PATTY/BUN  
HOT N' SPICY TENDERS  
SAUSAGE GRAVY W/BISCUIT  
& SAUSAGE  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
CHEF SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
HASH BROWN  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO  
BBQ SAUCE

## Wednesday

Jan 30

TURKEY BACON CLUB  
BUFFALO CHICKEN STROMBOLI  
CHEESEBURGER/BUN  
CHICKEN ALFREDO  
W/TEXAS TOAST  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
CHEF SALAD  
TACO SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
BROCCOLI  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
MUSTARD  
MAYO

## Thursday

Jan 31

TURKEY GYRO  
CHICKEN PATTY/BUN  
CALZONE  
BEEF NACHOS  
w/CHEESE SAUCE  
CHILI  
W/CORNBREAD  
& GOLDFISH  
CRACKERS  
PIZZA  
WRAP SANDWICH  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
CHEF SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
BLACK BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

## Friday

Feb 1

SUB CHOICE  
CHICKEN TENDERS  
SPICY CHICKEN PATTY/BUN  
CHICKEN POTATO BOWL  
& DINNER ROLL  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
CHEF SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
POTATO  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO  
W/RANCH  
BBQ SAUCE

Feb 4

SUB CHOICE  
CHICKEN & CHEESE  
QUESADILLA  
& SALSA  
W/SOUR CREAM  
SPICY CHICKEN PATTY/BUN  
PHILLY CHEESESTEAK  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
MIXED VEGETABLES  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 5

ITALIAN SUB  
PORK BBQ/BUN  
CALZONE  
CHICKEN TENDERS  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
BAKED BEANS  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
MUSTARD  
MAYO  
KETCHUP  
BBQ SAUCE

Feb 6

TURKEY BACON CLUB  
CHEESE DUNKERS  
W/PIZZA SAUCE  
SPICY CHICKEN PATTY/BUN  
CHICKEN  
W/CORNBREAD  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
TACO SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
MASHED POTATOES w/GRAVY  
BLACK BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
MUSTARD  
MAYO

Feb 7

TURKEY GYRO  
CHICKEN PATTY/BUN  
CHICKEN NUGGETS  
CHINESE CHICKEN  
W/RICE  
ROTINI w/MEATBALL MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO  
BBQ SAUCE

Feb 8

SUB CHOICE  
SPICY CHICKEN PATTY/BUN  
CHICKEN FRYZ  
W/RANCH  
BBQ SAUCE  
MACARONI & CHEESE  
W/SOFT PRETZEL  
ROTINI W MEAT OR MARINARA  
& BREADSTICK  
WRAP SANDWICH  
PIZZA  
PB&J SANDWICH  
W/CHEESE STICK  
YOGURT FRUIT PLATE  
ITALIAN SALAD  
TURKEY & CHEESE/BUN  
HAM & CHEESE/BUN  
GREEN BEANS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 11

SUB CHOICE  
 CHICKEN TENDERS  
 SPICY CHICKEN PATTY/BUN  
 TACO WEDGE  
 W/SOUR CREAM  
 & SALSA  
 ROTINI W MEAT OR MARINARA  
 & BREADSTICK  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 CORN  
 FRESH CARROTS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 BBQ SAUCE  
 KETCHUP  
 MAYO  
 MUSTARD

Feb 12

ITALIAN SUB  
 CINNAMON  
 FRENCH TOAST  
 & SAUSAGE  
 CHICKEN PATTY/BUN  
 HOT DOG/BUN(HS/CTC)  
 w/CONY SAUCE  
 PIZZA  
 ROTINI w/MEATBALL MARINARA  
 & BREADSTICK  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 HASH BROWN  
 W/RANCH  
 CELERY STICKS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 MUSTARD  
 MAYO  
 KETCHUP

Feb 13

TURKEY BACON CLUB  
 CALZONE  
 CHEESEBURGER/BUN  
 CHICKEN ALFREDO  
 W/TEXAS TOAST  
 ROTINI W MEAT OR MARINARA  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TACO SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 BROCCOLI  
 CUCUMBER & TOMATO  
 W/RANCH  
 CANNED FRUIT  
 FRUIT JUICE  
 MAYO  
 MUSTARD  
 KETCHUP

Feb 14

TURKEY GYRO  
 CHICKEN NUGGETS  
 SOFT TACO  
 CHICKEN PATTY/BUN  
 NOODLE/RICE BAR  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 BLACK BEANS  
 CELERY STICKS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 BBQ SAUCE  
 KETCHUP  
 MUSTARD  
 MAYO

Feb 15

SUB CHOICE  
 CHICKEN POTATO BOWL  
 & DINNER ROLL  
 FIESTADA PIZZA  
 SPICY CHICKEN PATTY/BUN  
 WRAP SANDWICH  
 PIZZA  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 POTATO  
 TOSSED SALAD  
 W/DRESSING  
 CANNED FRUIT  
 FRESH FRUIT  
 MUSTARD  
 KETCHUP  
 MAYO

Feb 18

NO SCHOOL

Feb 19

ITALIAN SUB  
 SPICY POPCORN CHICKEN  
 CHICKEN PATTY/BUN  
 TRAVELING TACO  
 ROTINI w/MEATBALL MARINARA  
 & BREADSTICK  
 WRAP SANDWICH  
 PIZZA  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 ITALIAN SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 REFRIED BEANS  
 CELERY STICKS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 KETCHUP  
 MUSTARD  
 MAYO  
 BBQ SAUCE

Feb 20

TURKEY BACON CLUB  
 CORN DOG  
 PORK BBQ/BUN  
 CHICKEN TENDERS  
 LASAGNA ROLL-UP  
 W/TEXAS TOAST  
 WRAP SANDWICH  
 PIZZA  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 ITALIAN SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 VEGETABLE MEDLEY  
 CUCUMBER & TOMATO  
 W/RANCH  
 CANNED FRUIT  
 FRUIT JUICE  
 KETCHUP  
 MUSTARD  
 MAYO  
 BBQ SAUCE

Feb 21

TURKEY GYRO  
 ROADHOUSE BURGER  
 FIESTADA PIZZA  
 CHINESE CHICKEN  
 W/RICE  
 ROTINI w/MEATBALL MARINARA  
 & BREADSTICK  
 WRAP SANDWICH  
 PIZZA  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 ITALIAN SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 BROCCOLI  
 FRESH CARROTS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 KETCHUP  
 MUSTARD  
 MAYO

Feb 22

SUB CHOICE  
 CHICKEN FRYZ  
 SPICY CHICKEN PATTY/BUN  
 MACARONI & CHEESE  
 W/SOFT PRETZEL  
 ROTINI W MEAT OR MARINARA  
 & BREADSTICK  
 WRAP SANDWICH  
 PIZZA  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 ITALIAN SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 GREEN BEANS  
 TOSSED SALAD  
 W/DRESSING  
 CANNED FRUIT  
 FRESH FRUIT  
 KETCHUP  
 MUSTARD  
 MAYO  
 W/RANCH  
 BBQ SAUCE

Feb 25

SUB CHOICE  
 TACO WEDGE  
 W/SOUR CREAM  
 & SALSA  
 SPICY CHICKEN PATTY/BUN  
 CHICKEN PHILLY SANDWICH  
 ROTINI W MEAT OR MARINARA  
 & BREADSTICK  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 CORN  
 FRESH CARROTS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 KETCHUP  
 MUSTARD  
 MAYO

Feb 26

ITALIAN SUB  
 CHICKEN PATTY/BUN  
 HOT N' SPICY TENDERS  
 SAUSAGE GRAVY W/BISCUIT  
 & SAUSAGE  
 ROTINI w/MEATBALL MARINARA  
 & BREADSTICK  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 HASH BROWN  
 CELERY STICKS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 KETCHUP  
 MUSTARD  
 MAYO  
 BBQ SAUCE

Feb 27

TURKEY BACON CLUB  
 BUFFALO CHICKEN STROMBOLI  
 CHEESEBURGER/BUN  
 CHICKEN ALFREDO  
 W/TEXAS TOAST  
 ROTINI W MEAT OR MARINARA  
 & BREADSTICK  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TACO SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 BROCCOLI  
 CUCUMBER & TOMATO  
 W/RANCH  
 CANNED FRUIT  
 FRUIT JUICE  
 KETCHUP  
 MUSTARD  
 MAYO

Feb 28

TURKEY GYRO  
 CHICKEN PATTY/BUN  
 CALZONE  
 BEEF NACHOS  
 w/CHEESE SAUCE  
 CHILI  
 W/CORNBREAD  
 & GOLDFISH  
 CRACKERS  
 PIZZA  
 WRAP SANDWICH  
 PB&J SANDWICH  
 W/CHEESE STICK  
 YOGURT FRUIT PLATE  
 CHEF SALAD  
 TURKEY & CHEESE/BUN  
 HAM & CHEESE/BUN  
 BLACK BEANS  
 FRESH CARROTS  
 W/RANCH  
 CANNED FRUIT  
 FRESH FRUIT  
 KETCHUP  
 MUSTARD  
 MAYO

A VARIETY OF FAT FREE FLAVORED MILK AND WHITE 1% MILK IS OFFERED DAILY!

ALL ITEMS ARE SUBJECT TO CHANGE.

This institution is an equal opportunity provider.