

PLATE LUNCH PRICES:

\$2.70- REGULAR

\$.40 - REDUCED

NO CHARGE - FREE

If you receive free and reduced price lunch you are eligible for free and reduced breakfast.

A STUDENT MUST TAKE A FRUIT OR VEGETABLE TO MAKE A PLATE LUNCH!!!

Monday

Jan 28

HAMBURGER/BUN
CHEESEBURGER/BUN
YOGURT POWER PACK
CHICKEN PATTY/BUN
BAKED BEANS
FRESH CARROTS
W/RANCH
CANNED FRUIT
KETCHUP
MUSTARD

Tuesday

Jan 29

CINNAMON GLAZED
FRENCH TOAST
& SAUSAGE
POPCORN CHICKEN SALAD
CHICKEN PATTY/BUN
POTATO SMILES
CELERY STICKS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Wednesday

Jan 30

TURKEY SANDWICH
PIZZA
BROCCOLI
CUCUMBER & TOMATO
W/RANCH
FRUIT JUICE
KETCHUP
MUSTARD

Thursday

Jan 31

CHICKEN TENDERS
YOGURT POWER PACK
CHICKEN PATTY/BUN
CORN
FRESH CARROTS
W/RANCH
FRESH FRUIT
MUSTARD
BBQ SAUCE

Friday

Feb 1

CHEESE DUNKERS
W/PIZZA SAUCE
POPCORN CHICKEN SALAD
CHICKEN PATTY/BUN
GLAZED CARROTS
TOSSED SALAD
W/DRESSING
CANNED FRUIT
KETCHUP
MUSTARD

Feb 4

CHICKEN RINGS
& DINNER ROLL
YOGURT POWER PACK
HOT DOG/BUN
POTATO
FRESH CARROTS
W/RANCH
FRESH FRUIT
BBQ SAUCE
KETCHUP
MUSTARD

Feb 5

RAVIOLI
W/TEXAS TOAST
TACO SALAD
HOT DOG/BUN
BROCCOLI
CELERY STICKS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Feb 6

MINI CORN DOGS
PIZZA
BAKED BEANS
CUCUMBER & TOMATO
W/RANCH
FRUIT JUICE
KETCHUP
MUSTARD

Feb 7

SOFT TACO
YOGURT POWER PACK
HOT DOG/BUN
CORN
FRESH CARROTS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Feb 8

CALZONE
TACO SALAD
HOT DOG/BUN
GREEN BEANS
TOSSED SALAD
W/DRESSING
CANNED FRUIT
KETCHUP
MUSTARD

Feb 11

CHINESE CHICKEN
W/RICE
YOGURT POWER PACK
CHICKEN PATTY/BUN
BROCCOLI
FRESH CARROTS
W/RANCH
CANNED FRUIT
KETCHUP
MUSTARD

Feb 12

SPAGHETTI w/MEAT SAUCE
& BREADSTICK
POPCORN CHICKEN SALAD
CHICKEN PATTY/BUN
PEAS
CELERY STICKS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Feb 13

PORK BBQ/BUN
PIZZA
BAKED BEANS
CUCUMBER & TOMATO
W/RANCH
FRUIT JUICE

Feb 14

POPCORN CHICKEN
& DINNER ROLL
YOGURT POWER PACK
CHICKEN PATTY/BUN
MASHED POTATOES w/GRAVY
FRESH CARROTS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD
BBQ SAUCE

Feb 15

Feb 18

Feb 19

MACARONI & CHEESE
W/SOFT PRETZEL
TACO SALAD
HOT DOG/BUN
BROCCOLI
CELERY STICKS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Feb 20

ITALIAN SUB
PIZZA
CORN
CUCUMBER & TOMATO
W/RANCH
FRUIT JUICE

Feb 21

TRAVELING TACO
YOGURT POWER PACK
HOT DOG/BUN
BLACK BEANS
FRESH CARROTS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Feb 22

TOASTED CHEESE SANDWICH
TACO SALAD
HOT DOG/BUN
MIXED VEGETABLES
TOSSED SALAD
W/DRESSING
CANNED FRUIT
KETCHUP
MUSTARD

Feb 25

HAMBURGER/BUN
CHEESEBURGER/BUN
YOGURT POWER PACK
CHICKEN PATTY/BUN
BAKED BEANS
FRESH CARROTS
W/RANCH
CANNED FRUIT
KETCHUP
MUSTARD

Feb 26

CINNAMON GLAZED
FRENCH TOAST
& SAUSAGE
POPCORN CHICKEN SALAD
CHICKEN PATTY/BUN
POTATO SMILES
CELERY STICKS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD

Feb 27

TURKEY SANDWICH
PIZZA
BROCCOLI
CUCUMBER & TOMATO
W/RANCH
FRUIT JUICE
KETCHUP
MUSTARD

Feb 28

CHICKEN TENDERS
YOGURT POWER PACK
CHICKEN PATTY/BUN
CORN
FRESH CARROTS
W/RANCH
FRESH FRUIT
KETCHUP
MUSTARD
BBQ SAUCE

A VARIETY OF FAT FREE FLAVORED MILK AND 1% WHITE MILK IS OFFERED DAILY!

ALL ITEMS ARE SUBJECT TO CHANGE.

This institution is an equal opportunity provider.