Plate Breakfast Prices:

\$1.65 - regular

\$0.30 - reduced

no charge - free

If you are eligible for free or reduced lunch, you are also eligible for free or reduced breakfast.

Student must take at least 1/2 cup fruit or juice to count as a plate breakfast.

# **Monday**

# **Tuesday**

# Wednesday

# **Thursday**

## **Friday**

BREAKFAST BOSCO STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE CANNED FRUIT

SAUSAGE GRAVY W/BISCUIT BAGEL,PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

#### Jan 30

CTC BREAKFAST SANDWICH MAPLE BURSTIN' PANCAKES **POPTARTS** CEREAL FRUIT JUICE CANNED FRUIT

#### Jan 31

SAUSAGE GRAVY W/BISCUIT BAGEL,PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE

## Feb 1

Feb 8

Feb 15

**MVCTC** 

PANCAKE ON STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE **CANNED FRUIT** 

### Feb 4

BREAKFAST BOSCO STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE CANNED FRUIT

### Feb 5

SAUSAGE GRAVY W/BISCUIT BAGEL.PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

CTC BREAKFAST SANDWICH MAPLE BURSTIN' PANCAKES **POPTARTS** CEREAL FRUIT JUICE CANNED FRUIT

#### Feb 6

SAUSAGE GRAVY W/BISCUIT BAGEL.PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

FRESH FRUIT

#### Feb 7

PANCAKE ON STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE **CANNED FRUIT** 

### Feb 11

BREAKFAST BOSCO STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE CANNED FRUIT

### Feb 12

SAUSAGE GRAVY W/BISCUIT BAGEL.PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

CTC BREAKFAST SANDWICH MAPLE BURSTIN' PANCAKES **POPTARTS** CEREAL FRUIT JUICE CANNED FRUIT

### Feb 13

SAUSAGE GRAVY W/BISCUIT BAGEL,PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

#### Feb 14

PANCAKE ON STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE **CANNED FRUIT** 

#### Feb 18

#### Feb 19

SAUSAGE GRAVY W/BISCUIT BAGEL, PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

#### Feb 20

CTC BREAKFAST SANDWICH MAPLE BURSTIN' PANCAKES **POPTARTS** CEREAL FRUIT JUICE **CANNED FRUIT** 

#### Feb 21

SAUSAGE GRAVY W/BISCUIT BAGEL,PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE

FRESH FRUIT

#### Feb 22

PANCAKE ON STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE CANNED FRUIT

Feb 25 BREAKFAST BOSCO STICK MINI DONUTS CEREAL **POPTARTS** FRUIT JUICE CANNED FRUIT

SAUSAGE GRAVY W/BISCUIT BAGEL,PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

Feb 26

CTC BREAKFAST SANDWICH MAPLE BURSTIN' PANCAKES **POPTARTS** CEREAL FRUIT JUICE CANNED FRUIT

Feb 27

Feb 28 SAUSAGE GRAVY W/BISCUIT BAGEL,PLAIN w/CREAM CHEESE CEREAL **POPTARTS** CINNAMON BUN FRUIT JUICE FRESH FRUIT

A VARIETY OF FAT FREE FLAVORED MILK AND 1% WHITE MILK IS OFFERED DAILY!

ALL ITEMS OR SUBJECT TO CHANGE.

This institution is an equal opportunity provider.