

## PLATE LUNCH PRICES:

\$2.90 - REGULAR

\$0.40 - REDUCED

NO CHARGE - FREE

If you receive free or reduced priced lunch, you are also eligible to receive a free or reduced price breakfast.

A STUDENT MUST TAKE A FRUIT OR VEGETABLE TO MAKE A PLATE LUNCH!

## Monday

Jan 28

CHICKEN PARMESAN/BUN  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
GREEN BEANS  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

## Tuesday

Jan 29

PHILLY CHEESESTEAK  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

## Wednesday

Jan 30

BEEF NACHOS  
w/CHEESE SAUCE  
RIB-B-Q/BUN  
CHICKEN TENDERS  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
REFRIED BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
BBQ SAUCE

## Thursday

Jan 31

MACARONI & CHEESE  
W/SOFT PRETZEL  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
GLAZED CARROTS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

## Friday

Feb 1

CHICKEN POTATO BOWL  
& DINNER ROLL  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 4

CHEESE DUNKERS  
W/PIZZA SAUCE  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
GREEN BEANS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 5

BEEF HOT SHOT  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 6

SOFT TACO  
RIB-B-Q/BUN  
SPICY POPCORN CHICKEN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
BLACK BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
BBQ SAUCE

Feb 7

CHINESE CHICKEN  
W/RICE  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 8

CHILI CHEESE FRIES  
& BREADSTICK  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 11

CALZONE  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
BROCCOLI  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 12

PIZZA BURGER  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 13

BEEF NACHOS  
w/CHEESE SAUCE  
RIB-B-Q/BUN  
CHICKEN FRYZ  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
REFRIED BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
BBQ SAUCE

Feb 14

ITALIAN SUB  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
GREEN BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 15

CHICKEN POTATO BOWL  
& DINNER ROLL  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 18

NO SCHOOL

Feb 19

CHICKEN  
W/CORNBREAD  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
RICE KRISPIE TREAT  
KETCHUP  
MUSTARD  
MAYO

Feb 20

SOFT TACO  
RIB-B-Q/BUN  
CHICKEN NUGGETS  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
CORN  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
BBQ SAUCE

Feb 21

CHINESE CHICKEN  
W/RICE  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 22

CHILI CHEESE FRIES  
& BREADSTICK  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 25

CHICKEN PARMESAN/BUN  
HAMBURGER/BUN  
SPICY CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
GREEN BEANS  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 26

PHILLY CHEESESTEAK  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
POTATO  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 27

BEEF NACHOS  
w/CHEESE SAUCE  
RIB-B-Q/BUN  
CHICKEN TENDERS  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
REFRIED BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE  
KETCHUP  
BBQ SAUCE

Feb 28

MACARONI & CHEESE  
W/SOFT PRETZEL  
CHEESEBURGER/BUN  
CHICKEN PATTY/BUN  
PIZZA  
SALAD BAR  
WRAP SANDWICH  
YOGURT FRUIT PLATE  
GLAZED CARROTS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

A VARIETY OF FAT FREE FLAVORED MILK AND 1% WHITE MILK IS OFFERED DAILY!

ALL ITEMS ARE SUBJECT TO CHANGE.

This institution is an equal opportunity provider.