

## PLATE LUNCH PRICES:

\$2.90 - REGULAR

\$0.40 - REDUCED

NO CHARGE - FREE

If you receive free or reduced priced lunch, you are also eligible to receive a free or reduced price breakfast.

A STUDENT MUST TAKE A FRUIT OR VEGETABLE TO MAKE A PLATE LUNCH!

**Monday**

Jan 28

CHICKEN PARMESAN/BUN  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GREEN BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

**Tuesday**

Jan 29

PHILLY CHEESESTEAK  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
BROCCOLI  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

**Wednesday**

Jan 30

BEEF NACHOS  
w/CHEESE SAUCE  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
REFRIED BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

**Thursday**

Jan 31

ROTINI W/ MEAT SAUCE  
& DINNER ROLL  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GLAZED CARROTS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

**Friday**

Feb 1

CHICKEN POTATO BOWL  
& DINNER ROLL  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
MASHED POTATOES w/GRAVY  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 4

CHEESEBURGER/BUN  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GREEN BEANS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 5

BEEF HOT SHOT  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
MASHED POTATO W/GRAVY  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 6

SOFT TACO  
WRAP CHOICE  
PB&J POWER PACK  
WILDFIRE SALAD  
BLACK BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Feb 7

CHINESE CHICKEN  
W/RICE  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
BROCCOLI  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Feb 8

ITALIAN SUB  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
CORN  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 11

PIZZA BURGER  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GLAZED CARROTS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Feb 12

TURKEY & CHEESE/BUN  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GREEN BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
KETCHUP  
MUSTARD  
MAYO

Feb 13

BEEF NACHOS  
w/CHEESE SAUCE  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
REFRIED BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Feb 14

RIB-B-Q/BUN  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
BROCCOLI  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

Feb 15

CHICKEN POTATO BOWL  
& DINNER ROLL  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
MASHED POTATOES w/GRAVY  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 18

Feb 19

CHICKEN  
W/CORNBREAD  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
MASHED POTATOES w/GRAVY  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT  
RICE KRISPIE TREAT

Feb 20

SOFT TACO  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
CORN  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Feb 21

CHINESE CHICKEN  
W/RICE  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
BROCCOLI  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 22

ITALIAN SUB  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
CORN  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT  
MAYO  
KETCHUP  
MUSTARD

Feb 25

CHICKEN PARMESAN/BUN  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GREEN BEANS  
FRESH CARROTS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 26

PHILLY CHEESESTEAK  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
CORN  
CELERY STICKS  
W/RANCH  
CANNED FRUIT  
FRESH FRUIT

Feb 27

BEEF NACHOS  
w/CHEESE SAUCE  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
REFRIED BEANS  
CUCUMBER & TOMATO  
W/RANCH  
CANNED FRUIT  
FRUIT JUICE

Feb 28

ROTINI W/ MEAT SAUCE  
& DINNER ROLL  
WRAP CHOICE  
WILDFIRE SALAD  
PB&J POWER PACK  
GLAZED CARROTS  
TOSSED SALAD  
W/DRESSING  
CANNED FRUIT  
FRESH FRUIT

A VARIETY OF FAT FREE FLAVORED MILK AND 1% WHITE MILK IS OFFERED DAILY!

ALL ITEMS ARE SUBJECT TO CHANGE.

This institution is an equal opportunity provided.